

Making the AAUW CONNECTION

FEBRUARY 2014
Middletown
AAUW
Newsletter

February Focus on Cardiovascular Disease in Women

On Tuesday, February 11, 7:00 p.m. at the Middletown Senior Center our speaker, Sharon McCall, RN will update us on cardiovascular disease in women. Sharon graduated with an Associate Degree in Nursing from Miami University-Middletown, received her BSN and MSN from the University of Phoenix, and has been certified in Critical Care for 24 years. Sharon has worked in several departments at Atrium Medical Center and Middletown Regional Hospital over the past 38 years and currently works as a staff nurse with recovering open-heart surgery patients. She has had more than 12 years experience in nursing management. Sharon is also a professor at Miami University-Middletown, teaching future nurses. She and her husband have two daughters who are also in the healthcare field. Her family is completed with two grandchildren and two dogs.



Many "Firsts" for an Old Tradition

Please reserve the weekend of March 6-9 on your calendars for the Annual AAUW Book Sale. This date goes hand in hand with the First Friday events in downtown Middletown for that month. We hope to take advantage of the downtown traffic to showcase our new location.

We have really been busy the last few weeks getting things ready to go, but we always need more workers on Tuesday and Saturday mornings from 10:00 to 12:00. If you have friends or relatives that have books to donate, please bring them to the site or contact one of the Book Sale Committee members so that we can arrange for them to be picked up ASAP! We still have a number of things to accomplish before our sale and we hope each of you can help.

There is a sign-up sheet at the books sale site for members to sign up for times to work during the sale. We hope that each of you can donate 6-8 hours of your time during the week-end as this is our major project for the year. The sign-up sheet will also be available at our February meeting as well as the March meeting at the book sale site.

As usual, we want this book sale to be "the biggest and best ever" as the proceeds go to such worthy students in our area and all of you know that the need is great. To be able to help young students and non-traditional students in their educational pursuits is a goal of all AAUW members.

We are pleased and thankful for our new location and are grateful to the City of Middletown and Miami University Applied Research Center for all of their help and generosity in our endeavor. If you have any questions, please contact Chris, Sharon, Tina, or Libby.

Calendar of Events

Tuesdays & Saturdays
10:00-12:00 Book Sorting
Book Sale Site

Tuesday, February 11, 7:00 pm
Feb. Speaker & Branch Meeting
Middletown Senior Center

Thursday, February 20, 7:00pm
Joy Luck Book Club
Unbroken by Laura Hillenbrand
Marianne Zsiska's home

Thursday, March 6- Sunday,
March 9
AAUW Annual Used Book Sale

Friday, April 11- Sunday, April 13
AAUW Ohio Convention
Springfield, OH

PERSONAL CARE ITEMS NEEDED

The February branch program will be dealing with women's health. We felt this would be a good time to collect personal care items to be donated to the Middletown Center of Hope for women and children. PLEASE bring your items to the meeting and we will see that they are delivered to the center.



AAUW "Joy Luck" Book Club – Future Picks



I hope you're all enjoying our February selection, *Unbroken: A World War II Story of Survival, Resilience, and Redemption* by best-selling author Laura Hillenbrand. This was #1 on the New York Times bestseller list, hailed as the top nonfiction book of the year by Time magazine, and winner of the Los Angeles Times Book Prize for biography.

Date: February 20 at 7 pm
 Book: *Unbroken* by Laura Hillenbrand
 Venue: Marianne Zsiska's home

For those of you who like to plan ahead, we're going to read a suggestion from Pam Pearson in March. It seemed like the time for a good novel, and this one gets high marks from Pat Conroy, Lisa Genova and Nancy Horan, all great authors themselves.

Date: March 20 at 7 pm
 Book: *Songs of Willow Frost* by Jamie Ford
 Venue: need a host



VOLUNTARY SIMPLICITY

The January meeting was cancelled due to weather conditions. The program, "Stuff 2.0: Managing the stages of stuff," that was planned for that meeting will be presented May 20. More details later.



Virginia Palmer, Middletown Branch President

Don your RED apparel for February, both in celebration of Valentine's Day and to commemorate American Heart Month! According to the American Heart Association, heart disease is the No. 1 killer of women in the United States, claiming more lives than all forms of cancer combined. As many of you know, this topic is near and dear to MY heart. I'm looking forward to hearing the latest from our February speaker, Sharon McCall, RN, BSN, another STEM-career role model.

You will read more in this newsletter, and hear MUCH more at our February meeting, about finalizing preparations for our 58th Annual Book Sale. Please continue contributing items to sell and participating when you can in the sorting and pricing.

We had great response to my January request for state convention volunteers in all areas except the creation of a table centerpiece based on the new AAUW logo and colors. Surely, there's a creative person out there who would like to take on this challenge. Each southwest branch is asked to contribute a centerpiece that will be given away at the end of the conference.

Finally, by the time you receive this newsletter, a newly-appointed nominating committee will be working on our 2014-15 slate of officers. Please consider saying YES if you receive a call from one of the committee members!



HELP WANTED

Do you have online shopping experience?



We are looking for someone to provide our branch with internet shopping connections such as EBay and/or Craig's List. Occasionally we have items and/or books donated to our sales that could realize more revenue with a bit of research and placing on the open market. If you or your spouse have an interest in serving our branch in this capacity, please contact Rose Grau at 513-424-1969 or edrosegrau@equivoice.com.

Spaghetti Dinner Fundraiser for Schools

Friday, February 14, from 5:00-7:00 pm there will be a Spaghetti Dinner fundraiser for the Middletown City Schools Bond issue campaign. This event will be held at the Middletown Middle School on Girard Ave. just before the last home boys basketball game and Senior Night. Tickets are \$8.00 per adult and \$4.00 per student/child.

Help is needed on bond campaign - May 6 vote. Voter registration tables will be set up at school and community events. If you know someplace where we can reach future votes, let Katie McNeil know. If you would be willing to hostess a neighborhood/friend "coffee" with a speaker from the school district campaign, please call or email Katie McNeil. Getting friends and neighbors out to vote YES for a new public middle school and improvements to the high school is personal! Find out more about the issue on Facebook or see the campaign webpage at www.VoteMiddies.com.

AAUW Ohio Convention 2014: “*The Year of our Voice: Advocacy & Action*”

“A feminist is anyone who recognizes the equality and full humanity of women and men.” –Gloria Steinem

Join AAUW Ohio members for the 2014 AAUW Ohio Convention at the Courtyard by Marriott in downtown Springfield, Ohio, on **Friday, April 11, 2014 through Sunday, April 13, 2014**.

The Southwest AAUW Ohio branches & AAUW Ohio board members have planned a weekend filled with informative presentations, interactive sessions, and powerful keynote speakers designed to invigorate members. It is our hope that members return to their branches more informed, more empowered, and more committed to lead in AAUW missions.

Weekend Highlights & Featured Presentations:

- All-Convention Read: ***Female Chauvinist Pigs: Women and the Rise of Raunch Culture*** by Ariel Levy
- **Jamie Bryant, editor and developer KIKI Magazine.** *KIKI magazine* is designed for young girls with an emphasis on creativity, self-expression, STEM topics, but doesn't include the sexuality and consumerism found in most youth media.
- **Peggy Hanna, local activist.** Hanna has been active in her community advocating and acting on community issues from her early Vietnam-War protests to her current work with City Council to protect water resources.
- **Jamie Miracle, NARAL.** Miracle will share the latest developments on Pro-Choice work in Ohio. The 41st anniversary of Roe v. Wade is here and AAUW Ohio has work to do!
- **Deepti Gudapati, AAUW Director of Member Leadership Programs.** Gudapati will facilitate several in-depth, interactive sessions designed to provide members with resources and tools to support our local branches.
- **Beth Pinhero, AAUW Ohio Tech Trek.** Pinhero will share the details about the direction of TECH Trek in Ohio.
- **Donna Black-Brown, AAUW Ohio member.** Black-Brown will teach members about principled decision-making for a real change.
- **Melissa Cropper, Ohio Federation of Teachers President.** Cropper will focus on the future of public education today for students, for educators, and for communities.
- **Maria Maestro, New Faculty Majority.** Maestro will participate in a panel discussion with Cropper centered on the choices and challenges in education.
- **Jackie Evangelista and Karen Rainey, AAUW Ohio Public Policy.** Our Public Policy team will address the state of Common Core today and why the discussion is still relevant.

Start planning now to attend Convention 2014 on April 11-April 12! Registration materials attached.

Christine Siebeneck
AAUW Ohio
VP Programming



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Registration Form 2014

AAUW 19th Annual State Equity Day & 90th Annual Convention and Meeting

Please duplicate as needed. One form per person required.
 Registration forms can also be downloaded at www.aauwoh.org.

Name			
Address			
City, State, Zip			
Phone			
Email			
Branch			

Daily Registration Fee includes: Continental Breakfast, 2 breaks, lunch, supplies, room set-up, and speaker expenses.

Equity Day Registration: Saturday, April 12, 2014 I will attend at a cost of **\$60** for the day.

Convention and Meeting: Sunday, April 13, 2014 I will attend at a cost of **\$60** for the day.

**Special Needs and/or Dietary Needs: _____

Optional Awards Banquet Saturday, April 12, 2014 from 6:30-8:00 pm. The **\$35 fee** for this banquet is separate and IN ADDITION to Equity Day and Convention Day registration costs. A full-plated dinner will be served. Gratuity included.

Yes! I will attend the **Optional Awards Banquet** on Saturday, April 6, 2014 at a fee of **\$30**.

___ Grilled salmon ___ Grilled Filet of Beef & Chicken ___ Stuffed Portobello Mushroom with Quinoa

Total of all costs for events I will attend (Saturday, Sunday, Saturday Banquet): **Registration form and payment are due by March 23, 2014 **For Registrations sent after March 24, 2014 add \$10 fee.	\$
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Payment can be made via **PayPal** at www.aauwoh.org. Please send your completed electronic registration form to **sbigail@bgsu.edu**.

Make checks payable to: **AAUW Ohio**. Please mail check with this completed registration form to:

Susan Marie Bigaila
 217 Johnson Hall, Bowling Green State University
 Bowling Green, Ohio 43403

Hotel costs: Rooms at The Springfield Courtyard by Marriot are available for \$99/night+tax. Ask for AAUW rate when making reservations. Call The Courtyard by Marriott at **937-322-3600** **Reservations must be made by March 12, 2014 to guarantee this rate.**

The Springfield Courtyard by Marriott
 100 South Fountain Avenue
 Springfield, Ohio 45503